

"How has Girls on the Run® helped you to be more fearless?"

in 300 words or less

ESSAY:

020012

My name is [REDACTED] I am 12 years old and attend French Creek Elementary School. Girls on the Run has definitely helped me become more fearless and here is how.

Well, I have a skin condition called Keratosis Pilaris (K.P. for short). K.P. is basically really dry skin, that causes bumps on the skin. My body produces a Keratin "protein" that blocks my hair follicles. This is an uncurable condition, and I have an extreme case of it. I have many bumps covering my back, most of my upper arms, face, and my chest.

Last summer, I frequently was picked on and bullied because of my Keratosis Pilaris. I am a year round swimmer so I am in a bathing suit almost everyday. I hated showing my skin to anyone ever since then.

When Girls on the Run started, I didn't think much about the lessons because I thought that nothing could help me become more confident, but after a week, I started feeling more like myself. I became more cheerful, happy, and energetic, instead of being gloomy about my K.P. I became fearless about what people thought of me from the outside, because at Girls on the Run, I learned that it's what's on the inside that counts.

And even with my uncurable condition, I became fearless of what people thought