

fearless?"

in 300 words or less

ESSAY:

020022

Girls on the Run has been a wonderful experience for me. It has done many things, only one of which being to help make me more fearless. I'm somebody who can not help but to be nice to others. I have my close friends, the ones that I feel I can be myself with. Then theres a new kid. I want to go up, say hi to him/her and make them welcome, but I don't have the nerve, I feel like I'm going to embarrass myself. When I went into Girls on the Run for the first time, I knew a few people and that was all. There were a few moments of awkwardness, but they passed by. After a while, there was no more awkwardness. Girls on the Run was a place to express myself, do what I want (provided, under certain rules). The lessons taught, though, were probably the most impacting. I still remember the first lesson, "Take out the bad chord running to your brain + plug in the new." That was the first step to me becoming fearless. There were lots of other impacting lessons such as being an 'out of the box' girl, study tips, ways to be green, healthy eating habits, and

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