

Representation Rummage & Muse Move



Parent & Girl Activities

★ Big Idea ★

Let's go on a scavenger hunt — a *Representation Rummage!* Representation is *seeing others like you and knowing you belong.* Find examples of girls and women who are "like you," who you admire and who you want to be like because of something they have done or stand for. Then, go for a *Muse Move* with your grown-up and imagine what it would be like to live like her. Talk about the characteristics, contributions or beliefs you admire about the girl or woman "like you."

Why It Matters

Representation fuels how restricted or free girls are to live up to their greatest potential. Historically, inadequate representation has negatively impacted women in almost every area of our culture. There are significant gender gaps in politics, journalism, the arts, sports and STEM-related fields because many girls and women don't pursue careers or passions where they don't feel like they belong. The gender gaps are even wider for black and brown girls, who don't see enough girls and women like them in these spaces. Understanding representation and identifying girls or women who are "like them" is important for girls' confidence, self-worth and academic success.

Materials Needed

- ★ Laptop, tablet or smartphone with internet access
- ★ Magazines, newspapers, photographs and/or books



Part 1: Representation Rummage

- 1. Search the internet, magazines, newspapers and/or books to find a girl or woman who is "like you." Maybe you grew up in the same country, state or city, speak the same language, share the same faith, race, or have similar experiences or passions. It doesn't matter if this person is alive or dead, famous or ordinary just make sure you find someone you admire!
- 2. Spend at least 20 minutes learning about their lives. You'll need to learn about their childhood, challenges they faced, their inspiration, their accomplishments and what makes them awesome overall!



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Scavenger Hunt Hint: Think outside the box!

If your person is kind to others, you can find something that represents caring—like a heart or stuffed, or something that starts with a "K" for kind!



Now you're ready for the scavenger hunt - Representation Rummage!

- 3. Start a stopwatch (or use a phone to time yourself)!
- 4. Move as fast as you can to find items that represent the person you admire. You'll need to find items that represent:
 - ★ Where they grew up and what their childhood was like
 - ★ What challenges or obstacles they had to overcome
 - ★ What inspired them to reach their dreams
 - ★ What goals, innovations or contributions they've made
 - ★ What causes they care about (for example—protecting the environment, fighting racism)
 - ★ What characteristics make them admirable
 - ★ What makes them awesome!

Keep these items nearby for the second part of this activity – *Muse Move!*

Part 2: Muse Move

- Put your scavenger hunt items in a bag and get moving with your grown-up — around the block, throughout your neighborhood or just around your home!
- 2. As you get out for a *Muse Move*, imagine living in the shoes of the girl or woman "like you." This means using your imagination to muse about what it would be like to live as the girl or woman you chose.
- 3. Now imagine that you are living as the girl or woman you chose and that your grown-up is interviewing you for a story on the local news channel, a magazine article or a social media interview. Answer each question using your scavenger hunt items as props for your interview! Remember to move, respond and act like your muse during the interview!

Interview Questions:

- 1. Introduce yourself as your woman or girl. Describe where you grew up and what your childhood was like!
- 2. What made you decide to follow your dreams?
- 3. What contributions or innovations have you made, and what goals have you accomplished?
- 4. What challenges or obstacles did you have to overcome to reach your dreams?
- 5. What causes do you care about or work toward?
- 6. What makes you awesome?

Share & Connect

- ★ How did it make you feel to know there was a girl or woman "like you" who has done amazing things?
- ★ What kinds of things did you learn about your girl or woman that you want to work toward?
- ★ What is one thing *you* can do now?